



HUGH HEWARD

Challenge



RR BRIDGE

OLD TOWN DAM PORTAGE RIGHT

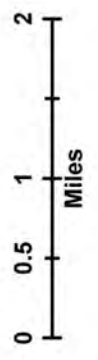
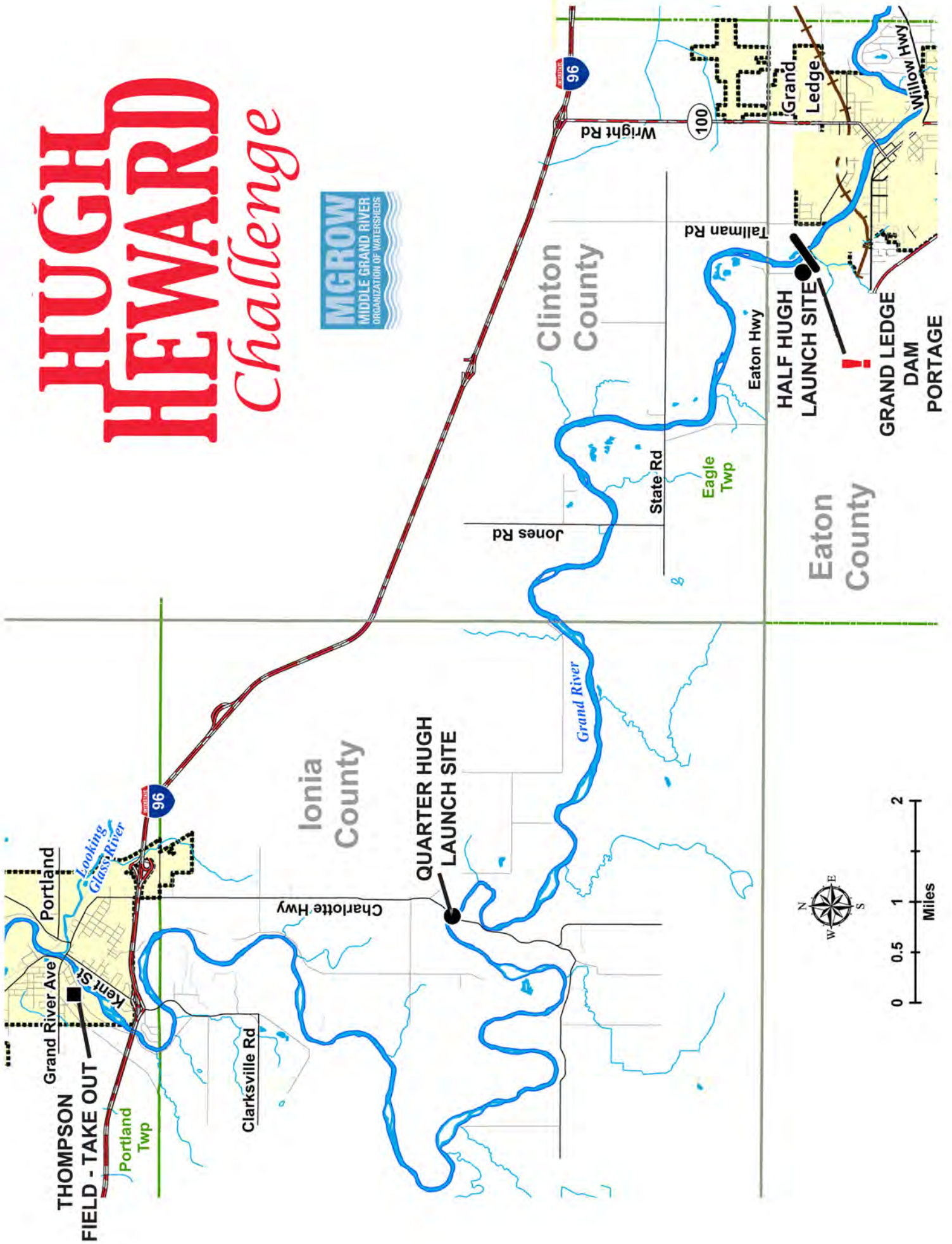
MOORES DAM PORTAGE RIGHT

FULL HUGH LAUNCH SITE

HALF HUGH LAUNCH SITE

GRAND LEDGE DAM PORTAGE LEFT

HUGH HEWARD Challenge



PADDLING SAFELY - SOME COMMON SENSE TIPS

- Know your skill level: choose the route that best suits your skills, experience, and training. The 50-mile "Full Hugh" is recommended only for skilled, experienced paddlers.
- Be familiar with the route, potential hazards, safety practices, and communications.
- Leave a float plan with family or a friend.
- Bring appropriate safety gear. Wearing a life vest is recommended, especially for paddlers 14 and under. At minimum, have a life jacket in your boat for each paddler - easily accessible so you can release with one hand.
- Dress appropriately for the weather. Weather is changeable and the water is cold at this time of year.
- Carry a whistle, easily accessible, in case you need assistance while on the water.
- Don't use alcohol or mind-altering drugs prior to launching or on the water.
- Drink plenty of water.
- Be alert for signs of heat exhaustion in hot weather (confusion, fainting, muscle cramps, nausea); or hypothermia in cold weather (shivering, clumsiness, slurred speech).
- If you see/hear lightning/thunder, get off the water, take shelter, and stay off the water until 30 minutes after you last heard thunder.
- For emergencies, call 911.